



Introducing our first supplimentry section - 'furry friends' In this issue we focus on Dogs



ADOBE STOCK IMAGE

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A MESSAGE TO DOG LOVERS

Every day, countless dogs around the world long for a loving home and a caring family.

When you think about adding a furry friend to your life, I urge you to consider the immeasurable joy and love that comes with adopting a dog from a shelter or rescue. By adopting you not only transforms the life of the dog but also your life will be enriched in ways. Do it, take that leap of faith.

Imagine the energy of the young puppy, all wide eyes and floppy ears, exploring its new home and surroundings with an curiosity. Each wag of the tail seems like a blur of excitement as this little creature immerses itself in discovering the world.

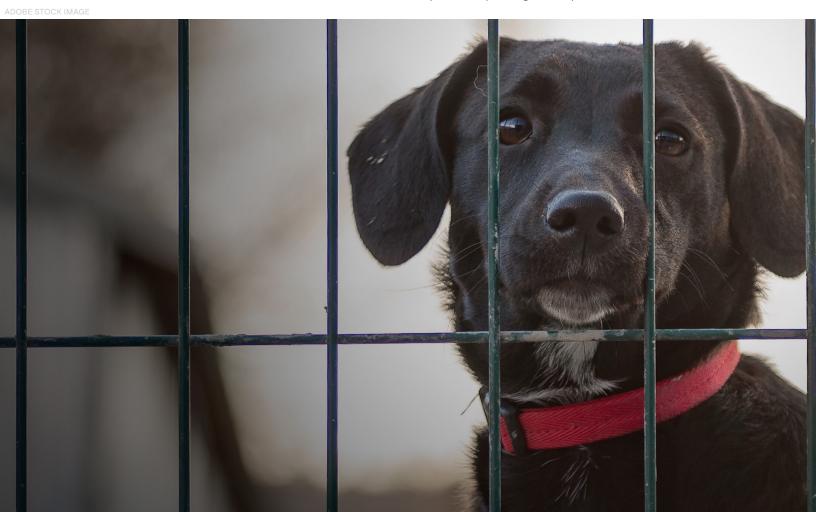
Puppies are undeniably adorable, prompting many potential pet owners to flock to pet stores or breeders in search of the perfect, fluffy companion. Yet, what often goes unnoticed is that numerous shelters and rescues are filled

to capacity with puppies waiting for someone to choose them. These young souls deserve a chance to thrive in a loving environment.

By adopting from a shelter, you not only gain a loyal companion but also save a life.

However, the appeal of adopting a puppy can overshadow the needs of older dogs, who often find themselves languishing in shelters as the adorable, younger canines capture the attention of potential adopters.

Senior dogs are old and wise and so grateful that they will transform any household. Their gentle demeanor, often shaped by years of companionship, brings a unique comfort and



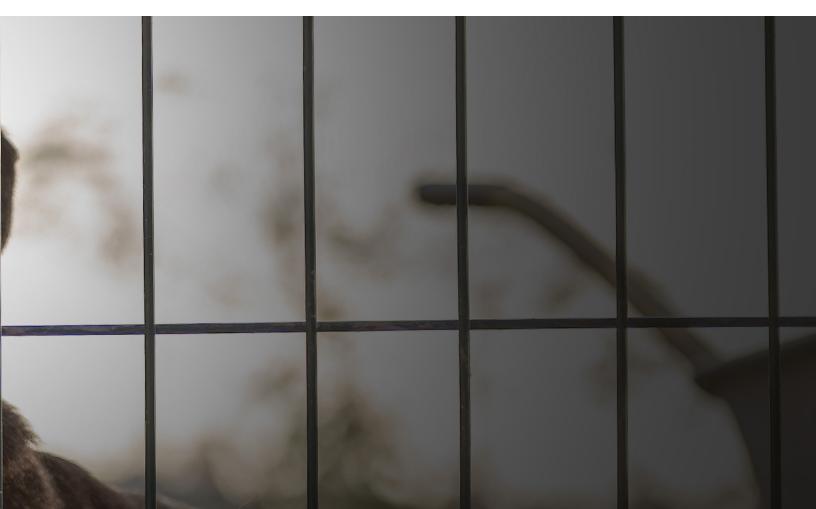


stability to our lives. It's crucial to recognize that older dogs, much like fine wine, often become even more delightful with age. They may not have the boundless energy of a puppy, but they carry an incredible capability for love, companionship, and loyalty that is unparalleled. Furthermore, older dogs are often already house-trained and have a better understanding of their place in the home, making the transition into adoption smoother for both the pet and the owner.

The connection one can forge with a dog, whether they come from a speedy, playful puppy or a wise, gentle senior, is profound and life-affirming. These relationships often exceed the mere existence of companionship. Dogs possess an innate ability to sense our feelings, offering support during moments of joy and times of sorrow. In return for the love, care, and attention we bestow upon them, dogs offer unwavering loyalty and companionship, making them invaluable members of our families. The reality is, millions of dogs across the globe await adoption in shelters.

Each dog has a story, often filled with struggles, resilience, and hope for a new beginning. By choosing to adopt, we are not only giving a dog a second chance at life but are also encouraging our friends and family to consider the value of supporting shelters and rescue missions. Each adoption story can serve as a catalyst for change, showcasing the beauty of rescuing a dog in need. Success stories of dogs transforming their owners' lives illustrate that the bond formed is not just about providing shelter to the animal, but about the profound changes it can make in our lives.

Shelters often work tirelessly to train and socialize these animals, preparing them for the transition into a loving home. By adopting, you provide support to these organizations, allowing them to continue their vital work in rescuing



and rehabilitating dogs. A dog is more than a pet; it becomes a member of your family, enriching your daily life with unwavering loyalty, love, and the rewarding responsibility of care.

It is essential to recognize that adopting a dog is a long-term commitment, and potential adopters should carefully consider their lifestyle, the needs of the dog, and the responsibilities that come with pet ownership. This empathetic consideration is particularly crucial for individuals interested in adopting older dogs, who may have specific health needs or limitations.

Seniors may also require more visits to the Vet, careful management of existing health conditions, or adjustments to their daily routines to accommodate an easier, more comfortable lifestyle. This additional responsibility should never deter you from adopting an older dog, but rather motivate you to consider how much love and joy you can bring into their twilight years. Every moment spent with a senior dog is a testament to the profound connections that can be formed through compassion.

Visiting your local shelter and considering adoption is a big step toward breaking the cycle of overpopulation and abandonment. Finding a shelter you trust can be as simple as researching local organizations and reaching out to see how you can contribute even if you are not in the position to adopt. There are many ways to support shelters through volunteer work, fundraising, and spreading awareness of their mission. Choosing to adopt is a beautifully selfless act that has the power to change lives forever. By welcoming a dog from a shelter into your home, you rescue not only an animal in need but also yourself, discovering the unique companionship that blossoms from these relationships. Each dog adopted from a shelter is not merely a pet but a symbol of resilience and hope, a nurturing reminder of the journey of life and the joy of giving love. Whether it's a wriggling puppy with a heart full of adventure or a wise old soul looking for a cozy spot to rest, every dog has the potential to leave an indelible mark on our hearts.

Those who cannot adopt should consider fostering a dog . This helps provide a comfortable transitional loving home while awaiting thier permanent home. Dog lovers, we have the opportunity to make a tangible difference in the lives of dogs everywhere by choosing to adopt from shelters and rescue organizations. Let the stories of these magnificent animals inspire us. Let us spread the message that every dog, regardless of age or background, is deserving of a loving home. Join the community of advocates for shelter dogs — foster, adopt, volunteer, or simply spread the word. The journey of adoption is one filled with challenges and joys, and for every dog rescued, our lives and the tapestry of companionship is made richer. Together, we can write a new story for the dogs in our shelters, one filled with love, hope, and the promise of a brighter tomorrow.

When you adopt, you support a system that strives to provide care and rehabilitation for dogs that have faced abandonment, abuse, or neglect.





CONVERSATIONS WITH OUR DOGS



Lexi (French Bulldog) & Michael

Meet Lexi and Michael

Lexi, a charismatic French Bulldog, belongs to Michael, an Australian who once lived in Hong Kong but now calls Sydney home.

With her cheeky, toothy grin and an irresistible love for belly rubs, Lexi is a social butterfly—winning hearts wherever she goes. It's no wonder everyone can't help but smile at her and stop for a pat or cuddle.

Michael adopted Lexi in Hong Kong, where he was looking for a small but big-personality pup suited to apartment living. Since then, the pair have traded Hong Kong's skyline for Sydney's sunny shores—and they're loving the dog-friendly upgrade, with plenty of parks and beaches to explore.

Sydney's laid-back, outdoor lifestyle is perfect for Lexi. She thrives on her daily walks, dashing across grassy fields and playing chase with her furry neighbors. There's so much fun to be had here, and once they're fully settled, they'll make the most of it. Moving countries hasn't been easy, but together, they've handled it like pros.







Gracie (Staffordshire Terrior Mix) & Peter



Meet Gracie and Peter

Gracie, a spirited four-year-old Staffordshire Bull Terrier, and her human, Peter, share a sweet morning ritual—waking up to a flurry of kisses. Gracie's slobbery wake-up call is her way of saying, "Rise and shine, it's potty time!"

Life with a dog means no sleeping in. Peter's day always starts with an early potty break, a neighborhood sniff tour, and cheerful hellos to the local security team. As a true Staffy, Gracie is highly food-motivated—just flash a treat, and she's the happiest pup alive.

Her absolute favorite thing? Playing ball. She'd chase it endlessly if she could, even sneaking a toy on walks to guarantee playtime. Her other beloved companions are a soft crocodile and a stuffed cow. While Gracie adores her outdoor adventures sniffing every bush and lamppost sometimes she's content with a quick outing before retreating to her cozy bed.

Peter dreams of taking Gracie on a getaway, but living in Hong Kong means flying is the only option. Unfortunately, traveling with pets in Asia isn't easy. But he promises her this: once they move to Europe, with a house and yard of their own, they'll explore everywhere together—new places, new smells, and new furry friends. What an adventure awaits!



Pepa (Airedale Terrier) & Gustavo

Meet Pepa and Gustavo

Pepa was the runt of the litter and when Gus saw her he knew she needed a loving home. Gus knew she was going to be a special puppy and needed all the love youcould get.

Like owner, like dog, both Gus and Pepa are Divas-sometimes. Pepa with her brilliant and amazing personality, always being happy, but can be such a drama queen, and needs constant attention. Thats probably why they get on so well.

Pepa was the runt because she has one ear smaller than the other one, but it makes her unique and very special. Pepa loves to go out an play with the ball and run around in the park and then come home and give Gus loads of cuddles.







Hugo (Shiba Inu Welsh Pembrokeshire Corgi mix) & Christian and George.

Hugo is a Shiba Inu and Welsh Pembrokeshire Corgi mix, and he's got the best of both breeds—clever, full of personality, and just the right amount of mischief. Born in September 2021, he joined our family a few months later, and life has been more fun (and a little more chaotic) ever since. He's got that classic Shiba confidence but the smarts of a Corgi, and somehow, he's managed to charm not just us but our two cats, Oscar and Cloud. He also has a real talent for winning over other dogs—owners are always surprised when their usually aloof pups actually want to play with him.

Wherever we go, Hugo gets attention. Without fail, someone will stop us on a walk to say, "Oh, he looks like a fox!" or comment on his happy little Shiba grin. He struts along like he owns the place, tail curled high, sizing up the world with a mix of curiosity and disdain. Other dogs? Absolutely—he's always up for a play. People? He'll give them an appraising look, but he's far too important to entertain the idea of being fussed over.





Moose (Bloodhound) and Major (a mix of magic), Kevin and Luis

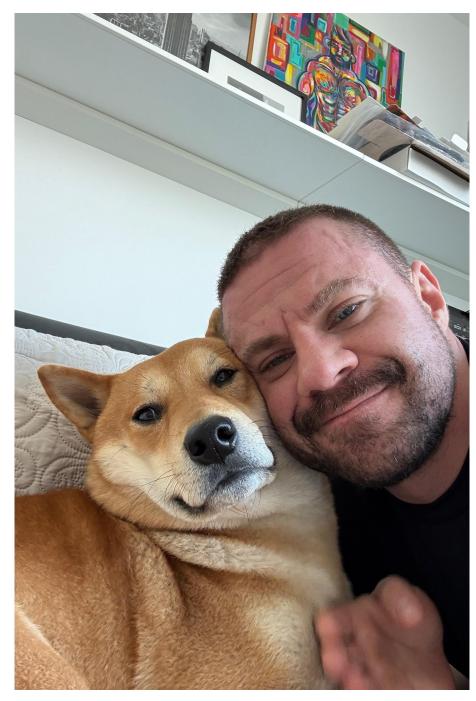
Meet Moose & Major and Kevin & Luis

Major and Moose aren't just dogs, they're total characters with these huge personalities and hearts to match. Honestly, they're our entire world. Major, this awesome mixed breed with a past as cool as his nose for food, we actually adopted him from a prison rehab program. He's around ten now, so he's basically a pro at sniffing out any snack – seriously, he's always on the lookout for his next bite! But honestly, more than just a food-hound, he's the most loyal guy and loves nothing more than snuggling up at the end of the bed, just soaking up the warmth and the love. He might be getting a little older, but you'd never know it – he's still got the energy of a puppy, it's like his spirit is just unbreakable. Both of them are the best travel buddies! We've road-trip all over the US and even down into Mexico with them, and they take it all in stride. Major is the chill co-pilot, happy to snooze in the back until a promising smell wafts by.

And then there's Moose! This dude is a total chatterbox – a Bloodhound who makes sure you know exactly what he's thinking. He's five and definitely makes his presence known around the house. If you've never heard a Bloodhound bay, you seriously gotta look it up sometime, it's hilarious! Moose also insists on taking a stuffed animal outside with him every time, it's like his little adventure buddy. Living way out here in remote New Mexico, he's got tons of space to run, and boy does he use it! That powerful nose of his is always getting him into something, usually trying to find his neighbor and girlfriend, Poppy the Labradoodle. But even with all his boundless energy, he settles right down in the back seat of the truck, the RV or a hotel room like a champ. Major and Moose, just make life so much better – whether we're at home or exploring somewhere new, they bring so much warmth, laughter, a little bit of chaos.







Figo (Shiba Inu) & Oskar



Meet Figo and Oskar

Figo, now two years old Shiba Inu, has grown into something truly special. From the very beginning, his curious nature stood out, always eager to explore every corner of wherever he was. Being outside with him has become one of the best parts of my day. Whether we're walking familiar parks or discovering new ones, his energy and enthusiasm are contagious. Watching him sniff around, chase leaves, or simply sit and watch the world go by reminds me to slow down and enjoy the little things.

What I didn't expect when I brought him into my life was how much he would change my life for the better. Because of him, I wake up early in the morning and go outside despite any weather condition, I stay active, even on days I wish I would just stay home and do nothing. He keeps me disciplined and consistent, and in return, I see how much joy he finds in the simple act of being with me. Our bond has deepened through these shared routines, built on trust, companionship, and countless hours spent exploring the world together.

PHOTOBOOKS & GOOD READS

AIDEN REED

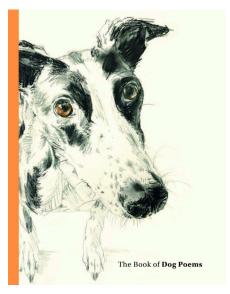
The Dogs Way to be Raised



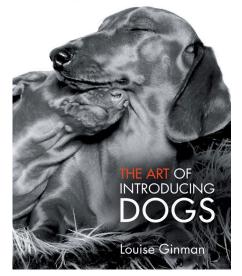
The Real Deal on what your Dog's Thinking

The Dogs Way to be Raised - Aiden Reed.

This Book isn't just about teaching you how to raise your dog, it's about learning how to understand their simple and unique language.

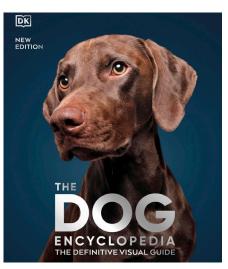


The Book of Dog Poems The relationship between us humans and our dogs has inspired many of the world's greatest poets. A guide for conducting dog-to-dog introductions

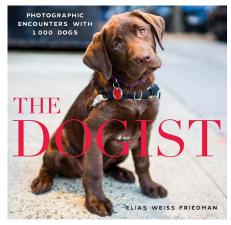


The art of introducing Dogs -Louise Ginman.

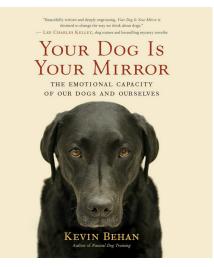
A guide for conducting dog to dog introductions. People add a new dog or puppy to their household often without any planning taking place or consideration of how that new dog or puppy will affect the dynamics of the current family and resident dog/s.



The Dog Encyclopedia Explore the history and variety of our most faithful companions in this collection of over 400 different dog breeds.

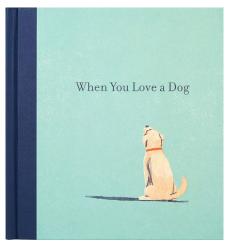


Photographic Encounters with 1,000 Dogs - Elais Weiss Friedman. The Dogist is a beautiful, funny, and inspiring tribute to the beloved dogs in our lives. Every page presents dog portraits that command our attention



Your Dog Is Your Mirror - Kevin Behan The Emotional Capacity of Our Dogs and Ourselves. Kevin Behan proposes a radical new model for understanding canine behavior: a dog's behavior and emotion, indeed its very cognition, are driven by our emotion

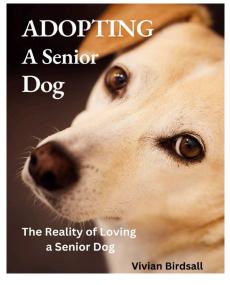




When You Love a Dog

A gift book for dog owners and dog lovers everywhere.

When you love a dog, there is always someone at home waiting to greet you with wide eyes and an open

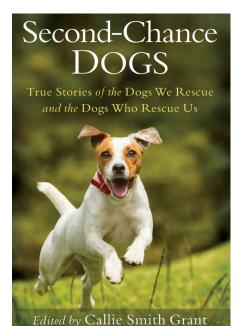


Adopting a Senior Dog: The Reality of Loving a Senior Dog - Vivian Birdsall. Experience the love and laughter that comes with giving an older dog a second chance.

Available on Amazon or from your local book store



Finding Home: Shelter Dogs & Their Stories - Traer Scott. Heart-touching photographs and rescue stories. Bold, retiring, serious, sparkling, or quirky—the dogs in Traer Scott's remarkable photographs regard us with humor, dignity, and an abundance of feeling.



Second-Chance Dogs: True Stories

of the Dogs We Rescue and the Dogs Who Rescue Us - Callie Smith Grant. Everyone loves an underdog, and nothing gives us warmer feelings than seeing someone get a second chance in life. Causes one's dog-loving heart to flutter with astonishment and gratitud — Сатнеем Schine, *The New York Times Book Review* #1 NEW YORK TIMES BESTSELLER

INSIDE OF A DOG

WHAT DOGS SEE, SMELL, AND KNOW

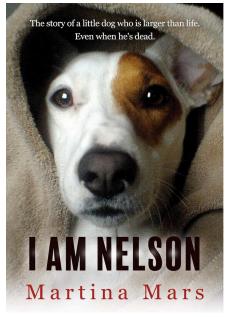
ALEXANDRA HOROWITZ AUTHOR OF THE YEAR OF THE PUPPY



Inside of a Dog: What Dogs See, Smell, and Know

- Alexandra Horowitz.

The instant classic on the mind of the dog is now updated to include the latest results in the booming field of dog cognition.



I am Nelson - Martina Mars. The story of a little dog who is larger than life. Even when he's dead.

HOMEMADE DOG FOOD

KEEP YOUR DOG HEALTHY & FIT WITH HOMEMADE RECIPES

Recipe by Damndelicious.net

The best part about making homemade dog food is just like making anything at home – is that you know exactly what is going into the dog bowl, and not any of that questionable gelatinous gunk from the canned food.

But it's important to note that dogs have different nutrient requirements than humans for their proportional body size, such as:

- High-quality protein (meat, seafood, dairy or eggs)
- Fat (meat or oil)Carbohydrates (grains or vegetables)
- Calcium (dairy)
- Essential fatty acids (egg yolks or oatmeal)

Now this recipe here has a balance of 50% protein, 25% veggies and 25% grains, but the ratios can easily be adjusted to suit your pup's breed and/or needs.

Ingredients:

1 1/2 cups brown rice 1 tbspn olive oil 3 pounds ground turkey 3 cups baby spinach, chopped 2 carrots, shredded 1 zucchini, shredded 1/2 cup peas, canned or frozen

Instructions:

In a large saucepan of 3 cups water, cook rice according to package instructions; set aside.

1. Heat olive oil in a large stockpot or Dutch oven over medium heat.

2. Add ground turkey and cook until browned, about 3-5 minutes, making sure to crumble the turkey as it cooks. 3. Stir in spinach, carrots, zucchini, peas and brown rice until the spinach has wilted and the mixture is heated through, about 3-5 minutes.

4. Let cool completely.

5. Portion meal sizes in ziplock bags for easy storage and freezing.

When ready to serve, you can defrost it in the fridge overnight and microwave it for 15-30 seconds.

Who knew that making dog food would be this easy? and you know that your pooch is eating well.









PUMPKIN DOG TREATS

THE PERFECT WAY TO GIVE YOUR PUP SOME EXTRA LOVE

Recipe by Christi from Love the Oven lovetheoven.com

Ingredients:

2 1/2 cups whole wheat flour
2 large eggs
1/2 cup canned pumpkin
2 tbsp natural peanut butter
(Please avoid any peanut butter that contains the sweetener Xylitol)
1/2 tsp salt
1/2 tsp ground cinnamon

Instructions:

1. Preheat the oven to 350 F. In a large bowl, mix together eggs, cinnamon, pumpkin, flour, salt and peanut butter. This mixture will become stiff, dry and crumbly really quickly when first mixing.

2. Add a little bit of water to help moisten the ingredients, then you will be able to work and knead the dough. Only add a tablespoon or so as you go.

You want the dough to end up being a dry and thick consistency.

3. Flour your countertop and roll the dough out to be about a ½ inch thick.

Use your cookie cutters to cut out individual treats and place on a greased baking sheet. You don't need to separate them a ton, they don't rise much.

4. You will have left over dough after

cutting out the first batch of treats. Quickly knead and roll out the dough left over dough to make even more!

5. Bake for about 35 minutes or until hard.

Serve to your fur-baby!

They will be living their best doggy life!





STUFF FOR YOU...





02.



03.







04.

05.



01. AIGLE Men Gore-Tex Parka Jacket <u>aigle.com</u> / 02. Bottle & Holder Bundle <u>frankgreen.com.au</u> / 03. Thank you Bags, Dog poo bag <u>coolpoobags.com</u> / 04. Milan | Mens Straw Fedora Hat <u>americanhatmakers.com</u> / 05. Green Chelsea Ankle Welly Boots <u>next.com</u> / 06. Tote-bag <u>ivyandduke.co.uk</u> / 07. Arthur Beale Ensign Beanie Hat <u>wolfandbadger.com</u> / 08. Luxe Black Sttoke cup <u>stokke.com</u> / 09. End raincoat <u>endclothing.com</u>



TOYS FOR THEM...







01.

02.

03.



04.

05.

06.



01. Frank Green Squeeky Toy, <u>frankgreen.com.au</u> / 02. Small Dog Bowl Cool Mint <u>lecreuset.com</u> / 03. Reflective Dog Collar <u>ruffwear.eu</u>. / 04. Pet Food Container Rose <u>lecreuset.com</u> / 05. HAY dog bed <u>selfridges.com</u> / 06. Pull toy <u>ruffwear.eu</u>. / 07. Dog lead <u>ruffwear.eu</u>. / 08. HAY Dogs scarf, red <u>finnishdesignstore.com</u> / 09. HAY dogbowl <u>finnishdesignstore.com</u>

LIVING

Look out for the next issue to arrive in your inbox in Summer 2025

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